



# Is stability the ultimate purpose?

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Have you ever wondered why we do what we do? What do we achieve by doing what we do? What does everyone seek in the end? I was in my Chemistry class learning a chapter called equilibrium and it was then that I asked my teacher this extraneous question: Is universe driven by the longing for stability? She was perplexed for a moment and explained to me the chemistry standpoint for the answer. Then, I started discovering the same kind of connection in the subjects I learnt. In the end, I came up with this theory that, everything in the universe is destined to achieve stability in one way or the other.

My peculiar interest in spirituality motivated me to read the *Srimad Bhagavatam* in my 10<sup>th</sup> grade. So, considering the spiritual background to this theory, the 26<sup>th</sup> Chapter, 3<sup>rd</sup> Canto of *Srimad Bhagavatam* says "the state of self-realization is the ultimate purpose of every soul". Essentially, what does the 'state of self-realization' mean? It inadvertently means stability of thoughts and the state where one attains *unwavering* devotion for lord which in its essence is stability in devotion. Stability of mind/thoughts is the natural outcome of self-realisation. Self-realisation takes you to a different realm of understanding, from where you see the falsehood and illusion of this world that you believed to be true till now. From then on, this world and its happenings lose their power to affect our mind/thoughts.

What does Science have to say about stability? The branch of Newtonian Physics is based on the Newton's

laws of motion and the first law talks about the very nature of any substance, which is to remain at *rest* or continuous motion if no external force is applied. Also, the third law states that there will be equal and opposite reaction to any change made to a substance, indirectly stating the role that stability plays in Physics. The very reason for every reaction to take place in Chemistry is to achieve molecular stability or the *noble* state. The Theory of Evolution by the great naturalist Charles Darwin suggests the survival of the fittest as a natural law for maintaining the balance in nature. The same applies to the natural selection where every surviving individual needs to bring in changes in itself to achieve stability.

What does Mr. Mathematics say about this theory? The simplest of the examples is in proving of theorems which requires both the sides of the equation to achieve stability or to be equal. Considering Economics point of view, every market's goal is to achieve equilibrium that is balance between demand and supply which is another expression of stability. We learn and we earn, for what? We do so to achieve monetary stability or in layman terms to 'settle down', again indicating to the theory. I believe that everything has a purpose or everyone has a role to play which ultimately leads them towards achieving stability in their lives.

How can a theory be completely true? There must be some exceptions to it, right? Arguments against the theory includes mathematical proof of ever-expanding

nature of our universe. The question arises here that if everything wants to achieve stability then why is universe expanding? Even for that argument there exists a solid theory implying that universe is expanding to reach a stable state of being. Why would it expand meaninglessly; do we grow just for the sake of growing? We grow to seek the higher standards of stable being

and I believe that it is the same with our Universe as well. I actively seek suggestions and contradictions for this theory. So, if you readers have any say about it then please mail it to [aryankhedkar100@gmail.com](mailto:aryankhedkar100@gmail.com). Finally, a question still remains, is stability the ultimate purpose of everything?

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**Cite this article:** Aryan Khedkar (2020) Is stability the ultimate purpose? *Int. J. of Life Sciences*, 2020; 8 (3): 608-609.

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